

# **HOW to ESCAPE INFLATION**



**Protect Your Savings  
and Your Business  
from a Bank Crash**

**Val Archer**

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[How to ESCAPE INFLATION: Protect Your Savings and Your Business from a Bank Crash](#)

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The book raises funds for a program [Leaders Of Vision](#) being launched by Pastor Mark Upman of Summerstrand Community Church in Gqeberha, South Africa.

I am the author of GreenSmoothie.com website where for 25 years since 1998 so many have discovered the healing power of LIVING foods.

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*We Are Winning!*

~~ Val Archer in Gqeberha, South Africa (December 2023).

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# Chapter 1



## **How to Save & Shop in Gold**

*"If you are not controlling the database and telling the database what to do, then you are in someone else's database being told what to do..."*

*...I think we really don't have a choice but to get our hands on this thing [blockchain] before it is used for purposes that are contrary to human identity.*

*...We face a daunting challenge... Leadership is about stepping up to that challenge... So let's do this!"<sup>{1}</sup>*

~~ political theorist Dr. James Poulos, author of:

- *HUMAN, FOREVER: The Digital Politics of Spiritual War*, published on the Bitcoin<sup>SV</sup> blockchain at [Canonic.xyz](https://www.canonic.xyz), and
- *The Art of Being Free*, published by NY City publisher, St. Martin's Press.

*"The more transactions per second each of us does on the high-performance decentralized blockchain of Bitcoin<sup>SV</sup> the quicker we humans gain freedom from central control."*

~~ author Val Archer.

To test the novelty (and joy) of earning Bitcoin<sup>SV</sup> on-line, go to:

★ [FreeBitcoin.substack.com/p/freebsv](https://FreeBitcoin.substack.com/p/freebsv)

To experience the healing power of LIVING foods, begin with 3 Free ebooks at:

★ [GreenSmoothies.com/p/free](https://GreenSmoothies.com/p/free)

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*"We either have a common money used by the people to create government that works for the people, or government will create money to control the people."*

~~ a Bitcoin<sup>SV</sup> technical analyst in his must-watch video, *Shining a Light On Sovereign Electronic Cash*:  
<https://www.bitchute.com/video/NmgWCPq5Yq7C>.

# Goodbye Inflation

We all know what's behind inflation:

- Money printing presses where
- Fiat money (our national currency) is issued on computer screens
- With NOTHING backing it, and at the same time
- The banksters charge compound interest
- On this worthless money they issue out of thin air!

Well, there's a little more. We'll look into the causes in chap.5.

For now, let's focus on how we can beat inflation!

After all, if you get bitten by a dog, you don't play Sherlock to track down why the dog bit you. You focus on stanching the blood as quickly as possible — to see if you need stitches.

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## Pray for Best, Prep for Worst

*Pray for the best and prepare for the worst.*

You've heard that Central Bank Digital Currencies (CBDC) are coming.

You've heard that they will be used for surveillance and control. The central banksters will program and track every digital coin they issue.

*"You refuse to take our injection of synthetic genes?" (labeled a vaccine, a coup for misleading advertising)*

*"You believe human cells are born to make human proteins, not viral proteins?"*

*"No access to your money for you — until you do what we say."*

Who among us thinks that government has our best interests at heart? And who thinks government are a bunch of criminals?

I'm a 75-year-old woman (born 1948) living in a small town at the bottom of Africa (Gqeberha). I've lived ten years in London, 15 years in the States, and in a few other countries like Namibia, Kenya and Germany. My opinion of every single government I've lived under?

★ If they can get away with it, they will.

What should we do to protect our income and savings? Stash cash under our mattress? Hope that if worst comes to worst, we've always got cash to fall back on.

Let's say worst case scenario, after a country introduces CBDC they ban cash.

U.S. Fed claims:

*"The Federal Reserve is committed to ensuring the continued safety and availability of cash."*<sup>{2}</sup>

Do I believe them? Not really. Cash is a huge hassle. It's expensive to print, store, transport, and just look at the cost of maintaining ATM machines!

If government can save a buck on banning cash, then worst case scenario it will. Let's prepare for the worst.

About 10% of money world-wide is cash. The other 90% is digital. I believe the central banksters want that last 10% to be digital too.

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## **Bankster Money vs Human Money**

Let's predict everyone is ordered to hand in their cash in exchange for spanking new CBDC.

When checking out from a shop, we'd choose a digital wallet in our cellphone — such as CBDC or Apple Pay — or a physical credit card,

and tap the payment terminal.

For those who don't have a cellphone, they'll be ordered to go for a palm scan.

You recall India introduced a "voluntary" Aadhaar ID which includes fingerprints, iris scans, and facial photographs. So voluntary that in some cases you can't even get married without Aadhaar ID.

Our palm scan would connect us to our CBDC wallet. We'd hover our palm over the checkout terminal. This technology exists today, linking palm scan checkout to the blockchain.

Did you notice we get only two options at the checkout counter?

1. Digital cash issued by the central banksters — that's the CBDC wallet in our phone, or with palm scan, and
2. National currency issued by the commercial banksters — that's the credit cards in our Apple Pay wallet or a physical card.

Attorney John Titus of [BestEvidence.substack.com](http://BestEvidence.substack.com) reveals the true criminality of the 2-tier banking system of central and commercial banks.

We know from the 2008 Global Financial Crisis that Wall Street and City banksters are the biggest criminals on earth, along with their puppet politicians.

Do we really want to stick to their funny-money? When it's worth less and less every week.

Or would we prefer a third option, to use a community currency? Or better yet, a trusted international currency like gold?

If gold, then we need to adopt the blockchain that handles digital cash, community tokens, and gold-backed tokens.

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## Community Currencies



Complementary currencies have always worked alongside national currencies. In the US, their UCC (uniform commercial code) states:

*"§2-304. Price Payable in Money, Goods, Realty, OR OTHERWISE."* [emphasis mine]

In other words, even though several States are redefining "Money" to include CBDC and exclude all crypto — complementary currencies will remain in the "or otherwise" way to pay.<sup>{3}</sup>

The challenge facing us is to:

★ **Build our payment networks BEFORE** the CBDC's come.

Then we have the option when we go shopping to:

- Use CBDC, or
- Use our own digital tokens.

The central banksters cannot control how we spend OUR tokens, as they can with their CBDC tokens.

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## Saving In Gold

Are you all bright-eyed and bushy-tailed ready to get your money out of the bankrupt bankster system before it crashes?

"Bankster" here refers to not only your savings in the bank, but also in the hopelessly manipulated stock markets.

What's the bet you already know where to put your money? In gold. Gold keeps its purchasing power over centuries.

In Roman times an ounce of gold bought a top-of-the-line toga (we all believe). Today an ounce of gold buys an Armani suit, just about.

For two thousand years the purchasing power of gold has stayed steady.

But how do you easily cash in your gold? Carry it on you? And use it to buy at your local store.

You do it with gold-backed tokens on the blockchain. Instead of central bank digital currency backed by nothing, we use digital currency backed by gold.

Bitcoin<sup>SV</sup> technology (BSV) frees us for the first time in history to save and spend in gold.

BSV blockchain is the original Bitcoin protocol published in the Bitcoin Whitepaper on October 31, 2008. The ticker symbol of BSV is short for "Bitcoin Satoshi Vision."

There's another Bitcoin (ticker BTC) which branched off this protocol in 2017. Leading economists, such as Prof. Nouriel Roubini and Dr. Nassim Taleb, call BTC an "open ponzi." Open because everyone knows there is nothing inside BTC, no use-value. The ponzi is open public knowledge!{3b}

Attorney Zem Gao writes of BTC:

*"How can a society sustain itself for very long if the majority of its people hope to live off extracting from others through speculative gambling?"{3c}*

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## Gold-backed Tokens

Let's focus on the crisis at hand — how to escape from both inflation and a bank crash, using gold.

I say "escape" inflation and not "end" inflation. With so many of us dependent on government deficit spending (in medicine, education, pensions, welfare, war machine...) we can only reduce inflation. We'll see how in chapters 5 to 9.

We can end taxes — chap.11 shows how — in a way that keeps both government and their banker masters happy as puppies.

Banksters are the instigators of inflation, along with their government and corporate puppets.

Hence we can't end inflation with a simple switch to blockchain coins — such as gold-backed tokens, stablecoins, and BSV bitcoins. We wish! Problem is we are using banker money to buy them.

Peter Schiff of SchiffGold.com, American stock broker, podcaster and financial author, recommends:

- The one guaranteed way to escape inflation and protect your savings
- Is to switch your money to gold, both:
- Physical gold bullion such as gold coins, and
- Gold-backed tokens on the blockchain for easy liquidity.

Schiff predicts that the price of gold (and hence gold-backed tokens) will keep on going up and up — not because gold is more and more valuable, but because the fiat we use to buy it is more and more worthless.

Speaking at the London Blockchain Conference, June 2023, Schiff points out [edited]:

*"You don't need to use silver even, you can transact everything from the smallest purchase to a large transaction, you can do it all with gold — provided that you're doing it digitally on a blockchain."*<sup>{4}</sup>

How do we access this new gold-backed money on the blockchain?

Right after the conference, Garrett K. Krause, an experienced commodities trader and mine-owner, announced that he would launch a gold-backed token on BSV blockchain.

His vision is unique: to tokenize gold securely stored in Brink's vaults and make it a functional currency for everyday transactions. Users can easily buy gold at the lowest Spot price.

In a July 2023 interview with investment firm Unbounded Capital, Garrett reports [edited]:

*"I'm also a gold exporter and a gold miner... all of my friends they all [wanted to] move to gold... It's easy for me to buy gold but it's very difficult in today's world — if you've got a million dollars — to go buy gold. It's very expensive, it's over spot.*

***One of my guys had a couple hundred million dollars sitting in Silicon Valley Bank [a bank that crashed in two days] and he almost lost it.***

*I started doing research. I pretty much watched every Craig Wright video, every London blockchain video going back for three years. I really do my homework...*

*[Bitcoin<sup>SV</sup> offers] a real viability for people to exit Fiat, exit US Dollars, exit the shaky banking system where your Fiat is stored.*

*The BSV wallets, we want to integrate them. We want people to be able to buy gold in those wallets and... pay for things in the real world with TroyMoney. We want to make it just like money and BSV is the only blockchain that this actually can be done on today.*

*One of the features we're offering... if you're holding TroyMoney, you automatically have an 80% borrowing line attached to that. So at any time you can keep your gold and access cash, that's a liquidity feature. [he mentions safeguards like limit orders and insurance so you don't lose your gold in a drop]*

*To tokenize gold, it's a very heavily regulated industry, it's very complex trading gold around the world. It's not as easy as people think. It's different for us because we're in the business."<sup>{5}</sup>*

**TroyMoney is in beta as I write this.** Stay updated on how to buy tokenized gold here:

★ [FreeBitcoin.substack.com/p/gold](https://FreeBitcoin.substack.com/p/gold)

Free as in Liberate the true Bitcoin!

Three separate enterprises are currently developing *gold-as-money* on the BSV blockchain. I use the term "BSVgold" to refer generically to all three.

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## Knowing Your Gold Is There

Garrett emailed me in August 2023 (several months before launch):

*"Our gold liquidity [buyers and sellers] comes through direct access to the COMEX using both LBMA and COMEX pricing for our Gold Spot. {6}"*

*There will be a TroyMoney wallet using the BSV blockchain.*

*Your TroyMoney wallet will link to the Gold Spot through our StoneX account which is the institutional broker.*

*We have the master account to TroyMoney wallets. You will buy and sell gold in the wallet app and it will be executed at Spot.*

*This is not a crypto, it is actual MONEY on the BSV blockchain represented by a REAL-WORLD ASSET.*

*TroyMoney wallet will be the interface between the TroyGold token and the vault. StoneX Group provides the liquidity for the token at LBMA/COMEX spot price. All gold backing the token is held in a Brink's Vault."*

Later that month in a CoinGeek RoundTable, Garret mentions [edited]:

*"We have an order system that puts all the orders together. We hold the gold in a vault... 12.5 kilogram good delivery bars, LBMA accredited at Brink's.*

*You're breaking that 12.5 kilogram bar up into whatever numbers you want. When you move the gold, you move the fraction [token]. The gold is not moving and you're not slicing the gold up in the vault.*

*Most people cannot buy a 12.5 kilogram bar of gold at \$66,000 a kilogram. It's just not feasible. The blockchain allows you to buy that same spot price gold as a token. You can break it up using the blockchain.*

*The developer team is gonna pull the API direct from our account at StoneX 24 hours a day. It's always going to match what they pull from the blockchain.*

*Our goal is 24 hours a day balancing of gold in the account right from StoneX, a very reputable company, and gold tokens outstanding on the blockchain. Those will be balanced out daily and there will always be audits to verify that."*

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## **How to Swap Fiat for Gold**

To buy, use, and sell gold, you:

- [Open the BSVgold wallet app](#) on your computer.
- Identify yourself inside the wallet, using a government-issued ID.
- Buy BSVgold in the wallet with your credit card, BSV, or wire transfer.
- Use your BSVgold to save or shop, and when you need to cash some out:
- Sell BSVgold for USD in your wallet and withdraw to US bank account (or have it wired internationally to your bank account in another country) and

- For all of us outside USA, our wallet will notify us as more withdrawal options become available.
- Withdrawing to a Wise.com USD account will be an option only when "the [wallet] platform is regulated and/or supervised in the EU or UK" as per Wise policies at: [Wise.com/help/articles/2932118](https://wise.com/help/articles/2932118).
- Integration of each BSVgold wallet with an ATM card for global cash withdrawal is planned.
- When you want the physical gold that backs your BSVgold tokens:
  - You have Brink's deliver your gold (for a fee) to your door; or
  - As the network grows (more people are using BSVgold) your local gold coin stores may swap their physical gold or cash for your gold-backed tokens.
- Coming later is an automatic 80% line of credit you can tap for cash without selling your gold.

All these features such as KYC identity, on-ramping (buying inside wallet) and off-ramping (sending money to your bank account from within wallet) means that you never have to visit a scumbag crypto exchange.

Garrett mentions in the roundtable [edited]:

*"We never envisioned the TroyGold token as a trading token on a crypto exchange. That was not the intent because we have the best liquidity in the world for gold — through the Comex and through the global spot markets through our third party [StoneX]."*<sup>{8}</sup>

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## Legal Compliance

FinCEN (Financial Crimes Enforcement Network) is ramping up its rules. It's just a question of time when all digital wallets will be

subject to the regulations of the U.S. Bank Secrecy Act (BSA).<sup>{9}</sup>

That means KYC/AML (Know Your Customer / Anti Money Laundering) will apply to every digital wallet.

Bitcoin<sup>SV</sup> blockchain developers always ensure their wallet apps are legally compliant. Hence it is easy to KYC yourself today inside several BSV wallets. KYC is the backbone of BSA compliance.

In the BSV wallet app, you upload your government ID and take a selfie with you holding the ID. Plus you may need a recent proof of address.

That's all. Now you are free to buy and use gold. Easy-peasy, isn't it? All completed within one wallet app on your phone or computer.

For step-by-step guidance on how to install the Centbee wallet on your phone, see "Setting Up Your Own Bank" at:

★ [FreeBitcoin.substack.com/p/ownbank](https://FreeBitcoin.substack.com/p/ownbank)

Centbee has been operational since 2018, and we use it for shopping in 160 countries. The wallet converts BSV into shopping vouchers.

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\*\*See [Table of Contents](#) for sections omitted\*\*

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## **Be Your Own Bank**

#1 priority to protect your savings and your business, is to set up your own bank.

Get some of your savings and business transactions out of the commercial banks and into your own bank on the blockchain.

"Setting Up Your Own Bank" at:

★ [FreeBitcoin.substack.com/p/ownbank](https://FreeBitcoin.substack.com/p/ownbank)



Gives you the steps to install Centbee wallet on your smartphone.

Centbee is a reliable wallet with good support. A cool feature is ChatPay where you're chatting to a friend and send cash right there in the chat, with no interruption. Centbee website states:

*"Fast outgoing chat payments are the future of online transactions. Send as little as \$0.05. Enjoy sending micropayments with zero fees."*

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## **The Next Crash is Coming**

If there's a run on your main street bank (people line up to withdraw their money) will they pay you? Most countries don't have deposit insurance.

Even those who do, they allow banksters to give you a haircut. Legally they can take money out of your account, as they did in Cyprus. It's called a bail-in.

What's likely to trigger the collapse of multiple banks like dominoes? Which in turn will trigger bail-ins? Derivatives.

Derivatives are black boxes that banks trade with each other with poker faces, all pretending the black box has value. It takes only one big player to default and the whole house of cardboard comes tumbling down.

Derivatives were at the heart of the 2008 GFC (global financial crisis). Both Lehman Brothers and insurance giant AIG had bets across the system.

In the bankruptcy line, your claims come AFTER derivative claims. Your bank must pay off its derivative bets first, before it looks into the kitty to see if there's anything left over for you.

The derivatives market is *"gigantic — often estimated at over \$1 quadrillion on the high end"* ([investopedia](#), 5/30/22). Nobody really

knows, because more than half are over the counter (not tracked or regulated).

Let's allow for one thousand trillion dollars (quadrillion) in derivative bets. Global debt is about \$230 trillion. Global GDP, the value of goods and services the entire world produces each year, is a paltry \$90-100 trillion, or 10% of one quadrillion.

What do you think? Do these figures look like a one-way ticket to disaster?

Did you know the FDIC fund covers only about 2% of the \$9.6 trillion in U.S. insured deposits?

Banking expert Ellen Brown writes:

*"A nationwide crisis triggering bank runs across the country, as happened in the early 1930s, would wipe out the FDIC fund...*

*An interest rate shock to the massive derivatives market could take down the whole economy."*<sup>{23}</sup>

Mexican billionaire Hugo Salinas Price predicts:

*"What is going to be left after the dust settles is gold, and some people are going to have it and some people are not."*<sup>{24}</sup>

Bottom line, commercial banks are insolvent, they owe more than they own. Instead of safeguarding the money deposited with them, they use it for trading derivatives and for funding loans.

They don't keep enough cash on hand to counter a bank run. Ellen Brown emailed me:

*"Why did Silicon Valley Bank go down? Why didn't it just give the depositors their money back, if it hadn't used the deposits to fund loans? (in their case, loans to the federal government in the form of buying federal securities)"*

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# Banks Are Closing Accounts

Today we are faced with a brand new threat. Banks are closing accounts at the drop of a hat. Chase bank closed the account of leading health advocate Dr. Joe Mercola AND of his employees AND of their spouses AND of their children! Dr. Mercola writes [edited]:

*"In mid-July 2023, JP Morgan Chase Bank canceled all my business bank accounts, along with the personal accounts of our CEO, CFO and their respective spouses and children.*

*Countless people and organizations have been cut off from online payment services and banking services for their views alone.*

*This is the social credit system at work and, soon, it will be used against everyone.*"[25](#)

It's not just our views that will get our bank account shut down. U.S. coin shop owners who trade in silver and gold are now receiving letters from their bank stating:

*"We have decided to end our relationship with you and close your accounts... As stated in your account agreement, we can close your account at any time, for any reason, with or without notice."*[26](#)

These small business owners are 100% compliant with all laws. Are gold and silver seen as a threat? Or is it the cash they use to buy coins at trade events? Who will be targeted next?

One coin shop owner reports:

*"They're just closing all my accounts. They don't want to do business with me. They won't tell me why. I went to my local branch, who I have a good relationship with. Talked to the manager. She tried to find out. They wouldn't tell her.*

*It's very stressful when this happens. It's never happened to me in my life. I've never had my banks closed, and I had multiple accounts. Even my kids account with them was closed and my wife's account closed.*"[{27}](#)

Neobanks too (online banks) such as Wise.com are closing accounts without notice or reason. Search "banks closing accounts" on YouTube.[{27b}](#)

In May 2023, attorneys general (AGs) in 19 U.S. states accused JPMorgan Chase bank of persistently discriminating against its clients and closing bank accounts without warning based on religious and political biases.[{27c}](#)

Today's technology empowers us to open our own bank account on the blockchain, and switch to the real money of gold.

Let's watch their inflationary dollar, pound or yen crash to the worthless junk it is. We are safe in gold.

When we buy or sell in a national currency like dollars, the banksters earn rip-off interest on every dollar they issue. Plus the credit card issuers charge outrageous fees.

When we buy or sell using gold as our medium of exchange, the banksters do not get a penny. The BSV miners earn a little (a fraction of one cent) for recording the transaction on the blockchain.

Bad luck, Mr. Bankster. After 300 years of slavery under you, we the people are taking control of our money.

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★ PREVIEW ENDS HERE. To help build for our children new monetary systems that are free of debt at compound interest...

Please invest in the book, *How to ESCAPE INFLATION: Protect Your Savings and Your Business from a Bank Crash*, at:

★ [FreeBitcoin.substack.com/p/buybook](https://FreeBitcoin.substack.com/p/buybook)

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## Discover More

(1) To begin earning money on BSV blockchain today, visit:

[FreeBitcoin.substack.com/p/freebsv](https://FreeBitcoin.substack.com/p/freebsv)

★ To open your own bank on the blockchain, to save in gold-backed tokens and to shop locally with Bitcoin<sup>SV</sup>, go to:

[FreeBitcoin.substack.com/p/ownbank](https://FreeBitcoin.substack.com/p/ownbank)

★ To invest in new apps and enterprises so that we build alternative payment networks to CBDC, pop into:

[FreeBitcoin.substack.com/p/invest](https://FreeBitcoin.substack.com/p/invest)

(2) Here's two good videos with gold miner Garrett Krause. In the Brett interview, he demo's the TroyMoney wallet.

★ Tokenizing gold on bitcoin & New BSV stablecoin set to launch | CGWeekly Livestream | Ep.28 S.3, August 8, 2023:

<https://www.youtube.com/watch?v=5JY4yE2bdzw>

★ TroyMoney | Bitcoin Builders with Brett Banfe, Oct 31, 2023:

<https://www.youtube.com/watch?v=GcPMif09sNQ>

(3) If you prefer a quick-read, the 5 Goats blog is a good summary.

★ Transforming Gold into Digital Currency. Interview with Garrett Krause, the Co-Founder and CEO of TroyMoney, September 28, 2023:

<https://medium.com/@5goats/transforming-gold-into-digital-currency-af33be1ed4c6>

They write:

*"By combining blockchain technology, real-world asset tokenization, and the innovative capabilities of the BSV blockchain, TroyMoney has the potential to make gold the new gold standard, offering a secure and accessible store of value for people worldwide. As it launches and expands its offerings,*

*TroyMoney is poised to change how we think about currency and investments in the digital age."*

(4) Watch this 20-minute video of the suffering that ensues when we are unexpectedly cut off from our commercial bank account.

★ Dr. Joe Mercola Canceled By Chase Bank, The Highwire with Del Bigtree, August 4, 2023:

<https://www.bitchute.com/video/cYxqIDjH5XuY/>

(5) Watch Peter Schiff speak about gold-backed tokens and how useless ponzi-BTC is at the London Blockchain Conference.

★ How a 'digital gold' system should really work | Peter Schiff, June 23, 2023:

<https://www.youtube.com/watch?v=Altbqzw5JaU>

Schiff reports:

*"Bitcoin [BTC] is too volatile to be a medium of exchange or a unit of account. It's too expensive to be a medium of exchange,*

*and it can never be a store of value because it doesn't have any value! BTC has a price — but it doesn't have any value. It's just worth what somebody is willing to pay for it.*

*That's a big difference between BTC and gold. Gold has actual value because it's a metal, it's a commodity. We know all the various use cases for gold.*

*When you marry gold to the blockchain, you now have a monetary system that is far more efficient than the monetary system that the world had prior to going off the gold standard in 1971.*

*We know that gold can function as money because it's functioned as money for thousands of years."*

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# Walk Away from Central Control

(1) It's critical you understand the dangers of CBDC. Central Bank Digital Currency is not digital cash (as BSV is). This is a push for global control by the banksters, control over the purchases and movements of every human on earth. Lockdown will look like heaven compared to the digital prison they want to incarcerate us in.

★ Central Bank Digital Currency Is the Endgame, part 1 (and click through to part 2) by Iain Davis, March 2, 2023:

<https://iaindavis.substack.com/p/central-bank-digital-currency-is>

UK author and journalist Iain Davis writes:

*"If we allow CBDC to become our only means of monetary exchange, it will be used to enslave us.*

*...We could use anything we like as money and we are perfectly capable of managing a monetary system voluntarily."*

(2) Did you know that the World Health Organization is planning for its unelected bureaucrats to control every government? This is Big Pharma and its billionaire owners on the warpath against humanity. The only way to stop them is to help your country to EXIT the WHO.

★ Understand the danger, in this webinar of experts:

[ONE HEALTH: The WHO's Dangerous New Ideology](#)

★ Take action, USA: [ExitTheWHO.com](https://ExitTheWHO.com)

★ Worldwide: [ExitTheWHO.org](https://ExitTheWHO.org)

(3) Are you aware that the SDG's (sustainable development goals) are a bankster land grab of our mountains, rivers, forests, and other public commons? And will inflict massive debt on the global South.

★ Whitney Webb & Iain Davis | Sustainable Debt Slavery, Sep 16, 2022:

<https://www.youtube.com/watch?v=24TH4MzuTWQ>

★ Iain Davis: Sustainable Debt Slavery | Tom Nelson Pod #101, May 10, 2023:

<https://www.youtube.com/watch?v=lxkkC4IOLwg>

★ Slides for this Presentation include a brilliant infographic revealing the global control hierarchy:

<https://tomn.substack.com/p/sustainable-debt-slavery>

(4) ESG (Environmental, Social, and Governance standards) aims to centralize control of business so as to eliminate all our economic freedoms.

★ The Threat of ESG with Utah State Treasurer, Marlo Oaks, CFA:

<https://www.bitchute.com/video/IW7bo0dcHGwi/>

*"If we destroy our economic freedoms, we have no other freedoms. And that's really the agenda that's going on here."*

*~~Marlo Oaks*

★ Is ESG Illegal? With Kevin Stocklin, producer of *The Shadow State* documentary:

<https://www.theepochtimes.com/epochtv/is-esg-illegal-kevin-stocklin-on-the-new-high-priests-of-society-transforming-corporate-america-5491828>

(5) Learn more in these Free ongoing classes in history, science, literature, economics, and politics.

★ Open Source Education:

<https://opensourceeducation.online/>

(6) Stay up-to-date with the *DailyClout*, a leading news channel along with a censorship-free social media platform for communities. It upholds liberty as a core value.

★ DailyClout:

<https://dailyclout.io/>

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## Thank You

Thank you for reading this free preview!

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All income from my books is paid by distributors (such as Amazon.com) to Summerstrand Community Church in Gqeberha, South Africa. I'm a volunteer writer for LOV.

Pastor Mark Upman of SCC aims to launch the LOV program — [Leaders Of Vision](#) — to coach young leaders to be change makers for love and peace on earth. It may well be up 'n running by the time you read this :)

We not only have a bankster problem on earth. We have a leadership problem.

We need to encourage young people of integrity to take leadership roles. And teach them the solutions.

Every problem on earth has a solution.

---

## Walk Away from the Poison Cartel

Protection of Mother Earth begins with protection of our own sacred body-mind.

Make the decision to walk away from the Poison Cartel:

- Big Ag — toxic agriculture and jailed livestock,
- Big Food — junk from a factory (real food comes from a field),
- Big Pharma — aka the drug cartel.

Are you sick of the pain that the Poison Cartel inflicts on your family and you?

Then walk away! Three Free books on my health website will help you through the first six weeks:

- ★ *Eat Life Force!* — How to grow leafy greens & sprouts in your kitchen by Sprout Lady Rita of [www.SproutHouse.com](http://www.SproutHouse.com),
- ★ *Discover Raw!* — the 6-day Raw Food diet (with meal plans & recipes) by Dr. Brandi Rollins,
- ★ *Break Free!* — a 6-week Plant Rich diet, by yours truly Val Archer.

I'm not saying to eat plants for the rest of your life! You are unique. Your needs are unique. Just give yourself a little break, a cleanse. Feel the difference in one month.

Here's the link to download all three ebooks for Free::

[GreenSmoothie.com/free](http://GreenSmoothie.com/free)

Alternative download link for Free ebooks:

[GreenSmoothies.com/p/free](http://GreenSmoothies.com/p/free)

David Avocado Wolfe reminds us in his book, *The Sunfood Diet Success System*:

*"When you give your body incredible food, it will function incredibly. To achieve your mission on Earth, you need excellent health... Diet is the mysterious key to life-long massive abundance."*

# Table of Contents

## How to ESCAPE INFLATION: Protect Your Savings and Your Business from a Bank Crash

[Thank You](#)

[Who Invented Bitcoin?](#)

[1. How to Save & Shop in Gold](#)

[Goodbye Inflation](#)

[Pray for Best, Prep for Worst](#)

[Bankster Money vs Human Money](#)

[Community Currencies](#)

[Saving In Gold](#)

[Gold-backed Tokens](#)

[Knowing Your Gold Is There](#)

[How to Swap Fiat for Gold](#)

[Legal Compliance](#)

[Counterparty Risk](#)

[Knowing Your Gold Is Safe](#)

[Do Not Save In This Crypto](#)

[Tokens & Satoshis](#)

[Tokens Are Unlimited](#)

[Bitcoin Is NOT Limited](#)

[Beware of Scam Tokens](#)

[Why Use BSV Blockchain for Gold?](#)

[Precious Assets for Low Income Families](#)

[Be Your Own Bank](#)

[The Next Crash is Coming](#)

[Banks Are Closing Accounts](#)

[Gold Is Safe, Crypto Is Not](#)

[Your Gold Is Safe from Hackers](#)

[Begin With One Step](#)

[Move Money Before The Crash](#)

[Onboarding Others to Gold](#)

[Discover More](#)

## [2. Recognize the Miracle of Micropayments](#)

[We Are Winning!](#)

[The Pie Grows Bigger](#)

[Human Love Is Set Free](#)

[The Original Bitcoin: BitcoinSV](#)

[Decentralized Economy of Digital Cash](#)

[Are the Banksters Going Obsolete?](#)

[Problem with Using Bankster Cash](#)

[Who Are We Battling?](#)

[Privacy of Peer-to-Peer Micropayments](#)

[What About the Scammers & Fraudsters?](#)

[Using Blockchain to Empower Us](#)

[A Note on Web3](#)

[Keep Money Moving](#)

[Ubuntu Will Heal Us](#)

[Participate in the BSV Blockchain](#)

[The Revolution Is Already Here](#)

[Work Is Worship](#)

[Walk Away from the Poison Cartel](#)

[Discover More](#)

## [3. Priorities for a New Monetary System](#)

[Blockchain Priorities](#)

[1. It Must Be Legally Compliant](#)

[2. It Must Work for Businesses & Farmers](#)

[3. It Must Pay Content Creators & Artists](#)

[4. It Must Work Today](#)

[5. It Must Work in Africa](#)

[The Crypto PsyOp](#)

[Bitcoin Forks & Splits](#)

[Beware Blockchain "Experts"](#)

[Beware Ignorance](#)

[Discover More](#)

## [4. What Is Freedom?](#)

[What Is Freedom To You?](#)  
[Foundation of Freedom](#)  
[The Global Elite PsyOp](#)  
[3 Male Freedom Lovers](#)  
[Is Monero Truly Anonymous?](#)  
[Off-Chain Nonsolutions](#)  
[Warp Speed on BSV Blockchain](#)  
[Censorship Is Not The Enemy](#)  
[Freedom of Information Flow](#)  
[Freedom to Earn Money](#)  
[Anyone Ghosting BSV?](#)  
[CBDC On Blockchain](#)  
[Will CBDC Lead Or Will We?](#)  
[What Is Blockchain Technology?](#)  
[NSA Backdoor into Bitcoin?](#)  
[Hodlers vs. Helpers](#)  
[BSV Not for Hodlers](#)  
[The Men Behind the Lies](#)  
[My Own Journey to Freedom](#)  
[Discover More](#)

## [5. Who's Behind This Inflation?](#)

[What Causes Price Hikes?](#)  
[1. Central Bank Prints Money for Gamblers](#)  
[Money Must Go to Production](#)  
[BlackRock Billionaires Get Free Lunch](#)  
[2. Compound Interest Charges](#)  
[Action Steps](#)  
[Ending Environmental Destruction](#)  
[Toxemia & Deficiency in Finance](#)  
[Discover More](#)

## [6. Money for Africa!](#)

[Micropayment Credit](#)  
[Endless Flow of Credit](#)  
[Real Money for the Real World](#)  
[FinTech in Africa](#)  
[Action Steps](#)

[Growing the Monetary Network](#)

[Investing In the Network](#)

[Easy To Do This!](#)

[Discover More](#)

## [7. Printing Our Own Money.](#)

[Abundance Is Our Birthright](#)

[Creating Our Own Credit](#)

[Productive Credit](#)

[How to Print Money.](#)

[Working Capital](#)

[Investment Capital](#)

[Funding for Smallholders & Farmers](#)

[Why BSV Is Best for Tokens](#)

[Aligning Credit Creation with Production](#)

[Using PC as Circulating Money.](#)

[Discover More](#)

## [8. Business Networks Issue Free Money.](#)

[Community Credit Gives Resilience](#)

[How Mutual Credit Works](#)

[What About Imported Goods?](#)

[How Banks Create Money.](#)

[The Problem With Interest](#)

[UBI Does Not Work](#)

[Moxey USA](#)

[A Call to Every USA Business](#)

[What Is Demurrage?](#)

[Adding Demurrage to a Currency.](#)

[Adaptive Demurrage](#)

[How to Issue Tokens in BSV](#)

[How Many Tokens to Issue?](#)

[How to Do Mutual Credit Clearing](#)

[Commercial Trade Exchanges](#)

[Discover More](#)

## [9. New Banking Systems](#)

[Two New Banking Movements](#)

[Issuing Bank Money Locally.](#)

[Public Banks](#)  
[Bank of North Dakota](#)  
[Community Banks](#)  
[Valhalla Network](#)  
[Community Banks on Blockchain](#)  
[Why BSV Is Best for DAO's](#)  
[Central Banks & Govt in Collusion](#)  
[Action Steps](#)  
[For Community Activists](#)  
[For Political Activists](#)  
[Discover More](#)

#### [10. New Money Options for Businesses](#)

[Every Business Will Move to Blockchain](#)  
[Tokenized Gold & Stablecoins](#)  
[Private Invoicing on BSV Blockchain](#)  
[Private Messaging on Blockchain](#)  
[Blockchain As A Service](#)  
[Give It A Test Drive](#)  
[Issue Wide Variety of Tokens](#)  
[Best Wallets to Use](#)  
[Discover More](#)

#### [11. How to End Taxes on Income & Sales](#)

[Taxes on Virtual Currencies](#)  
[Using Wallets for Clean Taxes](#)  
[Taxes & Stablecoins](#)  
[Ending Income Tax](#)  
[Political Activists Needed](#)  
[Discover More](#)

#### [12. Build New Payment Networks Today.](#)

[Transaction Denied](#)  
[Transaction Approved](#)  
[It's All About Choice](#)  
[We Stand At A Crossroads](#)  
[Build the Payment Network Today.](#)  
[Spread the Message Today.](#)  
[Six Types of New Money.](#)

[Human Freedom](#)  
[STOP The Usury.](#)  
[Thank You](#)  
[Walk Away from the Poison Cartel](#)

[Notes](#)

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# Notes



## **Notes: Chapter 1**

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- for documents, enter the URL link at: <https://web.archive.org>
- for videos, enter the video title at: <https://www.bitchute.com>

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